

**LACTATION ASSOCIATES OF ST. AUGUSTINE**

**Breastfeeding Intake Form**

Today's date \_\_\_\_\_

**MOTHER** Name \_\_\_\_\_ Date of birth \_\_\_\_\_

Physician \_\_\_\_\_

Home address \_\_\_\_\_

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_ Email \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_ Return to work date \_\_\_\_\_

**FATHER/PARTNER** (optional) Name \_\_\_\_\_

Home address (if different than mother) \_\_\_\_\_

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_ Email \_\_\_\_\_

**BABY** Name \_\_\_\_\_ Date of birth \_\_\_\_\_ Pediatrician \_\_\_\_\_

**BABY** Name \_\_\_\_\_ Date of birth \_\_\_\_\_

**How did you find out about our practice?** \_\_\_\_\_

**Briefly, what is the reason for your visit today?** \_\_\_\_\_

\_\_\_\_\_

**MOTHER'S HISTORY**

List all current medications, birth control, supplements, vitamins or herbs:

Do you use: (circle all that apply)

Prescribed opioids  
drugs

Nicotine/Tobacco

Alcohol

Recreational

Do you have any of the following? (circle all that apply)

Polycystic Ovarian Syndrome (PCOS)    Anemia    Heart Disease    Thyroid disorder  
Eating disorder    Infertility issues    Diabetes    Depression    Anxiety    BiPolar disorder  
Tongue-tie    Lip-tie    Genetic disorder    Cancer    Pituitary disorder  
Breast or chest surgery

Do you feel unsafe in your home? \_\_\_\_\_

Number of pregnancies \_\_\_\_\_    Number of live births \_\_\_\_\_

Have you breastfed before? \_\_\_\_\_    For how long? \_\_\_\_\_

During **this pregnancy**, did you have any of the following: (circle all that apply)

Increase of breast/cup size    Gestational diabetes    Anemia    Infection  
High blood pressure    Fever    Placenta Previa    Pre-eclampsia    Low amniotic fluid  
Severe nausea/vomiting

During **this labor**, did you have any of the following: (circle all that apply)

Pitocin    Premature rupture of membranes (PROM)    Antibiotics  
Epidural    other pain medications    Hemorrhage    Blood transfusion

Describe your breastfeeding goals:

**BABY'S HISTORY**

**Gestational age** of baby at birth \_\_\_\_\_ weeks

**Birth weight** \_\_\_\_\_ lbs \_\_\_\_\_ oz

**Delivery:** (circle all that apply)    Vaginal    Forceps    Vacuum Extraction  
Emergency C-Section    Planned C-Section    Breech presentation  
Umbilical cord complications    Meconium aspiration    NICU    Retained placenta  
Jaundice

**Baby's health issues:**

**Baby's medications, vitamins, herbs or supplements:**

**Baby's feedings**

How soon after birth was baby's 1st feeding? \_\_\_\_\_ At the breast? \_\_\_\_\_

Check all that apply:

- Baby is exclusively breastfed
- Baby needed supplementation early on, but not now
- Baby gets supplement: Type \_\_\_\_\_ Amount \_\_\_\_\_ Frequency \_\_\_\_\_
- Mother uses nipple shield to latch baby: Size \_\_\_\_\_ mm
- Supplemental Nursing System (SNS)
- Baby gets a pacifier
- Baby takes a bottle
- Baby eats solid food

In the past 24 hours, how many?

\_\_\_\_\_ wet diapers      \_\_\_\_\_ stool diapers      Color of stool \_\_\_\_\_

Please describe baby's feeding routine:

Is Mother using a **breastpump**? If yes, what brand of pump? \_\_\_\_\_  
How often? \_\_\_\_\_ How many minutes? \_\_\_\_\_ Amount milk collected \_\_\_\_\_ oz

Is there anything else you would like your Lactation Consultant to know?

## Lactation Associates of St. Augustine

### LACTATION SERVICES CONSENT FORM

Please read this form in its entirety, initial your agreement in each box, and sign & date at the bottom.

- I understand that a Lactation Consultation may include: visual and physical assessment of the mother's breasts, nipples and underarms; visual and physical assessment of the baby's mouth & overall physical condition; observation of a breastfeeding or pumping session; touching of mother's breasts and nipples; demonstration of feeding positions and techniques; demonstration and use of equipment or supplies to improve effectiveness of breastfeeding, measurement of vital signs.
- I understand that an **IBCLC** (International Board Certified Lactation Consultant) is a specialized health care provider with extensive training in the care of breastfeeding mothers and babies. I understand that all medical concerns must be discussed with a physician.
- I have read the lactation consultant's HIPAA Privacy Practices posted on the website. I understand I may request a paper copy.
- I understand a follow-up visit is sometimes necessary and there is an additional fee for this visit.
- I understand that **payment is due IN FULL at the beginning of the visit**. It is my responsibility to pursue reimbursement for lactation services from my insurance company. Reimbursement is not guaranteed, but filing the claim form with insurance company is strongly suggested. I authorize the Consultant to release any information to my insurance company.
- I understand that electronic/cellular forms of communication may not be encrypted or secure. I give my permission for *Lactation Associates of St. Augustine* to contact me via:  
 Home phone       Cell phone       Text message       Email
- I understand the Lactation Consultant has the right to terminate a professional relationship with any client at any time and I will not receive a refund.
- I agree to give 24 hours notice to cancel an appointment.

I have read this consent form and agree to the terms,

Parent 1

Parent 2

\_\_\_\_\_  
Sign and date

\_\_\_\_\_  
Sign and date